



INTRODUCTION TO PSYCHOLOGY

PROF. BRAJ BHUSHAN

Department of Humanities and Social Sciences

IIT Kanpur

INTENDED AUDIENCE : Elective UG, BE, BSc

INDUSTRIES APPLICABLE TO : HR section the companies

COURSE OUTLINE :

This course is designed for better understanding of the self and others. It will help you understand the how and why of thinking, feeling, and action. This introductory psychology course will cover the major psychological constructs and principles, primarily focusing on the perceptual processes, learning, memory, emotions, genetic and environmental determinants of behavior and personality. In the last week it will also demonstrate some lab sessions whereby the relevant construct and phenomena can be empirically tested.

ABOUT INSTRUCTOR :

Prof. Braj Bhushan is a professor of psychology at IIT Kanpur.

COURSE PLAN :

Week 1: Why Psychology? Major milestones in psychology, Major areas of psychology, Major methods used in psychology, Redefining boundaries of the discipline

Week 2: Perception

Week 3: Learning

Week 4: Memory

Week 5: Emotion

Week 6: Genetic and Environmental bases of behaviour

Week 7: Personality

Week 8: Lab session: Perception